

# Teen Volunteers Change Lives

#### You Can Make a Difference

Teen volunteers bring unique energy, compassion and skills that support our mission in many special ways. If you are a teen seeking to improve the lives of people in your community, join us. You can make a difference and find new meaning in your life.

### **Volunteer Opportunities**

There are a variety of opportunities to assist with during the day, in the evening or on weekends at convenient locations.

## **Patient/Family Support**

- Lifetime Legacies (interview, film and record patients)
- Companionship Visits (visit patients and families in facilities)
- Birthday Celebrations (patient birthday parties and other celebrations)
- Thoughtful Gestures (assist patients with technology and other household needs)
- Children's Program support
- Adult Day Center activities

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## **Organizational Support**

- Office support
- Resale Shops
- Craft projects
- Special events
- Community Outreach (Veterans, Pet programs and Hispanic community)
- Continuing Education





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#### **Volunteer Benefits**

- Earn volunteer hours for scholarships and school requirements
- Meet new people and have fun
- Explore career paths
- Develop leadership, public speaking and communications skills

### **Volunteer Application Process**

To become a teen volunteer, you must be at least 14 years old and live or attend high school in Pinellas County.

#### **Contact Us**

Call the teen volunteer program coordinator in your area for more information on how to get started.

North Pinellas County (727) 771-4433 South Pinellas County (727) 564-5920



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EmpathHealth.org/Teen-Volunteers

